

НОВОСТИ / NEWS

A NEW BOOK, “MUSIC & ART THERAPY FOR CHILDREN” IS PUBLISHED



The author of the book, a Philosophy Doctor, Professor Natalya Ivanovna Eremina, is known for her innovations in the fields of music therapy and child psychology not only in Russia but also far beyond its borders.

The advantage of this work is a systematic presentation of the developmental psychology of children, with valuable recommendations on psychological tests and optimal schemes for the practical application of music and art therapy methods according to age.

The issues of etiology, pathogenesis, and restorative correction of stress, psychosomatic disorders, autism, neuroses, and other pressing problems of childhood are

discussed in detail. As a representative of the school of scientific music therapy, the author of the book, from an evidence-based perspective, examines the specifics of the impact of color, music, and various types of art on a child's personality. The most advanced methods and technologies of music and art therapy are described.

For the first time in world practice, a protocol for music therapy for stress and neurotic disorders is presented, which is combined with clinical analyses of specific cases from practice as well as applications in the form of “psychological tests and their interpretation”, “ready-made game scenarios for psychological correction of children”, etc., making this book a complete and unparalleled guide.

The book “Children's Music and Art Therapy” is intended for psychologists, doctors, special education teachers, music therapists, social rehabilitation therapists, art therapists, musicians, artists, students of specialized universities, as well as a wide readership who are interested in the influence of music, painting, and other types of art on human health and personality.

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